

Content of Convert an Outlook Email Message into a Text File.vbs (Site 1)

```
Const olFolderInbox = 6
Const olTtxt = 0

Set objOutlook = CreateObject("Outlook.Application")
Set objNamespace = objOutlook.GetNamespace("MAPI")
Set objFolder = objNamespace.GetDefaultFolder(olFolderInbox)

Set colMailItems = objFolder.Items

Set objItem = colMailItems.GetLast()
objItem.SaveAs "C:\Scripts\MailMessage.txt", olTtxt
```